

Trainingzeiten Jahnstadion 2025 - Sommer
 gültig ab 20.06.2025

	Montag					
	Team	Kabine	Team	Kabine	Team	Kabine
	KR		KR		CB	
16:30-17:00	STP	1	STP	1		
17:00-17:30	STP	1	STP	1		
17:30-18:00	STP	1	STP	1		
18:00-18:30	STP	1	STP	1	C1/C2	3a/3b
18:30-19:00	STP	1	STP	1	C1/C2	3a/3b
19:00-19:30	STP	1	STP	1	C1/C2	3a/3b
19:30-20:00	STP	1	STP	1		
20:00-20:30	2. Sen.	TH2	A2	TH1		
20:30-21:00	2. Sen.	TH2	A2	TH1		
21:00-21:30	2. Sen.	TH2	A2	TH1		

	Donnerstag					
	Team	Kabine	Team	Kabine	Team	Kabine
	KR		KR		CB	
16:30-17:00	D1	TH1	TW	TW		
17:00-17:30	D1	TH1	TW	TW		
17:30-18:00	D1	TH1	TW	TW		
18:00-18:30	B1	3a/3b	TW	TW		
18:30-19:00	B1	3a/3b	TW	TW		
19:00-19:30	B1	3a/3b	TW	TW		
19:30-20:00	1. Sen.	4	1. Sen.	4		
20:00-20:30	1. Sen.	4	1. Sen.	4		
20:30-21:00	1. Sen.	4	1. Sen.	4		
21:00-21:30						

	Dienstag					
	Team	Kabine	Team	Kabine	Team	Kabine
	KR		KR		CB	
16:30-17:00	D1	TH2	D3	1		
17:00-17:30	D1	TH2	D3	1		
17:30-18:00	D1	TH2	D3	1		
18:00-18:30	A1	TH1	B1	3a/3b		
18:30-19:00	A1	TH1	B1	3a/3b		
19:00-19:30	A1	TH1	B1	3a/3b		
19:30-20:00	1. Sen.	4	1. Sen.	4		
20:00-20:30	1. Sen.	4	1. Sen.	4		
20:30-21:00	1. Sen.	4	1. Sen.	4		
21:00-21:30						

	Freitag					
	Team	Kabine	Team	Kabine	Team	Kabine
	KR		KR		CB	
16:30-17:00	D2	2	C2	TH2	D3	1
17:00-17:30	D2	2	C2	TH2	D3	1
17:30-18:00	D2	2	C2	TH2	D3	1
18:00-18:30	A1	TH1	C1	3a/3b		
18:30-19:00	A1	TH1	C1	3a/3b		
19:00-19:30	A1	TH1	C1	3a/3b		
19:30-20:00	2. Sen.	TH2	1. Sen.	4		
20:00-20:30	2. Sen.	TH2	1. Sen.	4		
20:30-21:00	2. Sen.	TH2	1. Sen.	4		
21:00-21:30						

	Mittwoch					
	Team	Kabine	Team	Kabine	Team	Kabine
	KR		KR		CB	
16:30-17:00	D2	2	C2	TH2		
17:00-17:30	D2	2	C2	TH2		
17:30-18:00	D2	2	C2	TH2		
18:00-18:30	A1	TH1	C1	TH2		
18:30-19:00	A1	TH1	C1	TH2		
19:00-19:30	A1	TH1	C1	TH2		
19:30-20:00	A1	TH2	3a/3b	3a/3b		
20:00-20:30	2. Sen.	3a/3b	3a/3b	3a/3b		
20:30-21:00	2. Sen.	3a/3b	3a/3b	3a/3b		
21:00-21:30						